NA612023



ADDICTION TREATMENT PROVIDERS

Voice. Vision. Leadership.

Empowering the Evolution of Inclusive Treatment Leadership



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Neeru Bakshi, MD, FAPA, CEDS 23 May 2023





Defining Some Terms

What are the things that we are discussing and how do we know what they are when we see them?

Structural Racism

The normalization of an array of dynamics, historical, cultural, institutional, and interpersonal-that routine advantage whites while producing cumulative and chronic adverse outcomes for people of color

Microaggression

Subtle, everyday ways that people experience discrimination*

Model Minority

A minority group perceived as particularly successful, especially in a manner that contrasts with other minority groups





Privilege

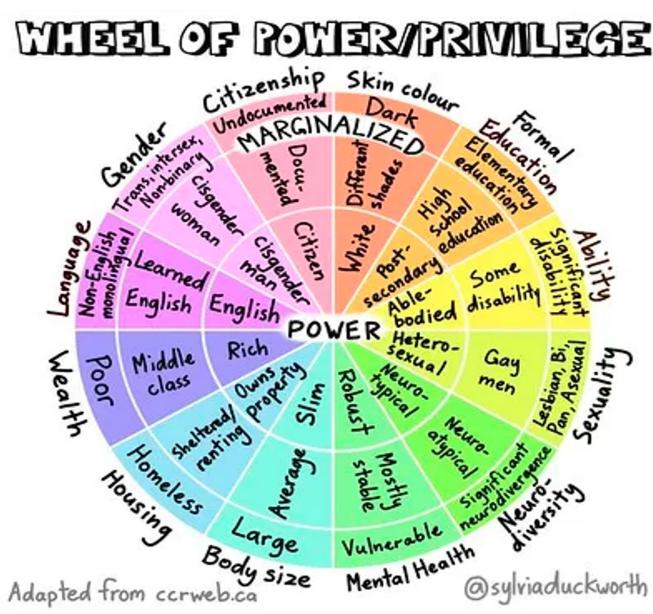
"It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences." Audre Lorde

Identifying our own Privileges

What are my own privileges?

Citizen, Post-Secondary Education, Able-Bodied, Heterosexual, Neurotypical, Robust Mental Health, Owns Property, Speaks English

What are your privileges?



White Supremacy is Pervasive



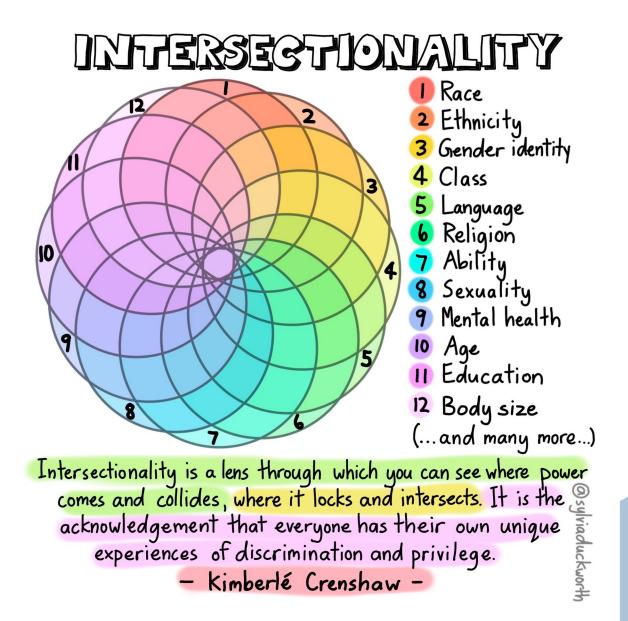
Anti-Blackness is Pervasive



The Intersection Between Gender and Race/Ethnicity Uniquely Impacts Women



Intersectionality



NATIONAL 2023

Acknowledge and Be Aware



I identify how I may unknowingly benefit from Racism.

I recognize racism is a present & current problem.

I promote & advocate for policies & leaders that are Anti-Racist.

I deny racism is a problem.

> l avoid hard questions.

> > Fear Zone

Becoming Anti-Racist

I strive to be comfortable.

I education myself about race & structural racism.

I understand my own

privilege in ignoring racism.

Learning Zone

I educate my peers how Racism harms our profession.

I speak out when I see

Racism in action.

Growth Zone

I talk to others who look & think like me.

I am vulnerable about my own biases & knowledge gaps.

I don't let mistakes deter me from being better.

I sit with my

discomfort.

I listen to others who think & look differently than me.

I yield positions of power to those otherwise marginalized.

I surround myself with others who think & look differently than me.

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Culture Fit

"Too often, we tell people to be inclusive without really showing them what that looks like." Bo Young Lee

Hiring for Culture Fit Versus Culture Add



Promotion and Advancement





Empathy

"There's really no such thing as the 'voiceless.' There are only the deliberately silenced or the preferably unheard." Arundhati Roy

Underestimated



What Are the Different Forms of Empathy

The ability to take on other

people's perspectives

Affective Empathy

Cognitive Empathy

The ability to sense others' emotional states

Helps to understand emotions but can limit ability to offer effective support Helps to understand that there is nuance to how peers are experiencing the workplace, especially based on their identify and how they are perceived



Cultivation as a Leader





VOICE. VISION. LEADERSHIP.

Thank you for your time and your willingness to be here today.

Thank you for attending

Upcoming Events:

2:45 – 3:15 Coffee and Ice Cream Social



3:15 – 4:30 General Session 5: Hill Day 2023 Preparation

4:30 – 5:00 Farewell and Prize Drawing

